



MARCH 2019

Altmar-Parish-Williamstown Elementary School

Also Offered Every Day
Popcorn Chicken, Turkey Gobbler Sandwich
Fresh House Salad, Yogurt and Cheese, or
Peanut Butter & Jelly

Monday

Tuesday

Wednesday

Thursday

Friday

4
Traveling Taco
Taco Meat/Dorito's Chips
Sour Cream Cup
Baked Beans
Peach Cup/Fresh Fruit
Milk

5
Cheese Pizza
Wedge
Green Beans
Mixed Berry Cup/Fresh Fruit
Milk

6
French Toast Sticks
Breakfast Sausage
Hash Browns
Strawberry Cup/Fresh Fruit
Milk

7
Pepperoni
Pizza
Broccoli
Fresh Fruit
Milk

Chicken Nuggets **1**
Rice
Corn
Applesauce Cup/Fresh Fruit
Milk

8
Asian Orange Chicken
Egg Roll/Rice
Carrots
Applesauce Cup/Fresh Fruit
Milk

11
Pasta and Meatballs
Dinner Roll
Green Beans
Peach Cup/Fresh Fruit
Milk

12
Dutch Waffle
Breakfast Sausage
Potato Smiles
Mixed Berry Cup/Fresh Fruit
Milk

13
Taco Salad
Tortilla Chips
Baked Beans
Strawberry Cup/Fresh Fruit
Milk

14
Cheesy Bread Sticks
Dipping Sauce
Tossed Salad
Fresh Fruit
Milk

15
Cheeseburger
On a Bun
Sweet Potato Fries
Applesauce Cup/Fresh Fruit
Milk

18
Pulled Pork BBQ
On a Hamburger Bun
Green Bean
Peach Cup/Fresh Fruit
Milk

19
Mac & Cheese
Dinner Roll
Baked Beans
Mixed Berry Cup/Fresh Fruit
Milk

20
French Toast Sticks
Breakfast Sausage
Hash Browns
Strawberry Cup/Fresh Fruit
Milk

21
Cheese Pizza
Wedge
Broccoli
Fresh Fruit
Milk

22
Cheese Lasagna
Dinner Roll
Green Beans
Applesauce Cup/Fresh Fruit
Milk

25
Cheesy Bread Sticks
Dipping Sauce
Green Beans
Peach Cup/Fresh Fruit
Milk

26
Chicken Patty
On a Bun
Sweet Potato Fries
Mixed Berry Cup/Fresh Fruit
Milk

27
Taco Salad
Tortilla Chips
Baked Beans
Strawberry Cup/Fresh Fruit
Milk

28
Bosco Sticks
Dipping Sauce
Tossed Salad
Fresh Fruit
Milk

29
Chicken Nuggets
Rice
Corn
Applesauce Cup/Fresh Fruit
Milk

Click on the above menu items and view the nutritional information
Gluten Free Menu available upon request with a physician's order. Contact
your school nurse.

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**
MySchoolBucks.com





BREAKFAST MENU

APW Elementary School



**We participate in the Community Eligibility Provision.
This means all elementary students eat breakfast at no charge.**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Mini Maple Pancakes	Pancake Jiffies	Hot Breakfast Sandwich	Pancake Jiffies	Breakfast Pizza
or	or	or	or	or
Cereal w/String Cheese	Cereal w/Yogurt	Cereal w/String Cheese	Cereal w/Yogurt	Cereal w/String Cheese
Fresh Fruit and	Fresh Fruit and	Fresh Fruit and	Fresh Fruit and	Fresh Fruit and
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk

UPK - Grade 4 are served breakfast in the classroom

Field Trips

Please remember that Food Service offers nutritious bagged lunches - watch for information sent home about upcoming field trips at your child's school. Simply fill out the form and return it to your child's classroom.

Have you ever thought about working for us?

When your children are in school all day, you may have extra time on your hands. Consider working part-time in your local school cafeteria. Most shifts are between 10am and 2pm. Work is Monday through Friday, with all school holidays off. Check out our website or call 625-5227 for more information.

APW Elementary School Manager - Rebecca Harrington

315-625-5227

In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the Basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write To: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 Or call (800) 720-6382 (TTY).